

NAMI SLOCO LIBRARY

<b>NAMI SLOCO Library -</b>	<b>Bibliography (Rev. 9/30/08)</b>		
Author	Title	Date	Subject
Pinsky, Drew	<u>Cracked: Putting Broken Lives Together Again</u>	2003	Addiction
Nesch, Sonya	<u>Advocating for Someone with a Mental Illness</u>	2004	Advocacy
Bassman, Lynette (editor)	<u>The Whole Mind</u>	1998	Alternative Therapies
Agras, Stewart	<u>Panic: Facing Fears, Phobias and Anxieties</u>	1985	Anxiety
Caldwell, J. Paul	<u>Anxiety Disorder -- Everything You Need to Know</u>	2005	Anxiety
Froggatt, Wayne	<u>Fearless : Your Guide to Overcoming Anxiety</u>	2003	Anxiety
Mayer, Diane Peters	<u>The Everything Health Guide to Controlling Anxiety</u>	2006	Anxiety
Willey, Liane Holliday	<u>Pretending to Be Normal</u>	1999	Asberger's Syndrome
Whitman, Thomas	<u>Adult ADD</u>	1995	Attention Deficit
Sudderth, David	<u>Adult ADD: The Complete Handbook</u>	1997	Attention Deficit
Weiss, Lynn	<u>Attention Deficit Disorder in Adults</u>	1997	Attention Deficit
Solden, Sari	<u>Women with Attention Deficit Disorder</u>	1995	Attention Deficit
Grandin, Temple	<u>Thinking in Pictures</u>	1996	Autism
Duke, Patty	<u>A Brilliant Madness</u>	1992	Bipolar
Jamison, Kay Redfield	<u>An Unquiet Mind: A Memoir of Moods and Madness</u>	2007	Bipolar
Mondimore, Francis	<u>Bipolar Disorder: A Guide for Patients and Families</u>	2006	Bipolar
Steel, Danielle	<u>His Bright Light</u>	1998	Bipolar
Fast, Julia	<u>Loving Someone with Bipolar Disorder</u>	2004	Bipolar
Fawcett, Jan, Bernard Golden, & Nancy Rosenfeld	<u>New Hope for People with Bipolar Disorder</u>	2000 2007	Bipolar
Torrey, E. Fuller	<u>Surviving Manic Depression</u>	2002	Bipolar
Oliwenstein, Lori	<u>Taming Bipolar Disorder</u>	2004	Bipolar
Miklowitz, David	<u>The Bipolar Survival Guide</u>	2002	Bipolar
Jamison, Kay Redfield	<u>Touched with Fire: Manic Depressive Illness and the Artistic Temperment</u>	1996	Bipolar
NAMI	<u>Understanding Bipolar Disorder</u>	2000	Bipolar
Dean, Patty	<u>A New Song: Confessions of a Joyful Manic Depressive</u>	2004	Bipolar
Castle, Lana	<u>Bipolar Disorder Demystified</u>	2003	Bipolar
Castle, Lana	<u>Finding Your Bipolar Music</u>	2006	Bipolar
Burgess, Wes	<u>The Bipolar Handbook for Children, Teens, and Families</u>	2008	Bipolar
Bloch, Jon	<u>The Everything Health Guide to Adult Bipolar Disorder</u>	2006	Bipolar
Olson, Bob	<u>Win the Battle : 3 Step Lifesaving Formula to Conquer Depression and Bipolar</u>	1999	Bipolar
Singer, Cindy	<u>If Your Child Is Bipolar</u>	2004	Bipolar
Simon, Lizzie	<u>Detour: My Bipolar Road Trip in 4-D</u>	2003	Bipolar
Stillman, William	<u>The Everything Parent's Guide to Children with Bipolar Disorder</u>	2005	Bipolar

NAMI SLOCO LIBRARY

Author	Title	Date	Subject
Papolos, Demitri & Janice Papolos	<u>The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder</u>	1999	Bipolar
Campbell, Bebe M.	<u>Sometimes My Mommy Gets Angry</u>	2003	Bipolar
Chapman, A.	<u>Borderline Personality Disorder Survival Guide</u>	2007	Borderline Personality
Bockian, Neil	<u>New Hope for People with Borderline Personality Disorder</u>	2002 2006	Borderline Personality
Reiland, Rachel	<u>Get Me Out of Here: My Recovery from Borderline Personality Disorder</u>	2004	Borderline Personality
Mason, Paul	<u>Stop Walking on Eggshells</u>	1998	Borderline Personality
Kreger, Randi	<u>Stop Walking on Eggshells Workbook</u>	2002	Borderline Personality
Koplewicz, Harold & Robin Goodman (editors)	<u>Childhood Revealed: Art Expressing Pain, Discovery &amp; Hope</u>	1999	Children
Singer, Cindy	<u>If Your Child Is Bipolar</u>	2004	Children
Dendy, Chris Zeigler	<u>Teenagers with ADD: A Parents' Guide</u>	1995	Children
Myers, Edward	<u>Teens, Loss, and Grief</u>	2004	Children
Murphy, Tim	<u>The Angry Child: Regaining Control When Your Child Is Out of Control</u>	2001	Children
Rutledge, R.	<u>The Everything Parent's Guide to Children with Depression</u>	2007	Children
Natenshon, Abigail	<u>When Your Child Has an Eating Disorder</u>	1999	Children
Papolos, Demitri & Janice Papolos	<u>The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder</u>	1999	Children
Koplewicz, Harold (editor)	<u>More Than Moody: Recognizing and Treating Adolescent Depression</u>	2002	Children
Campbell, Bebe M.	<u>Sometimes My Mommy Gets Angry</u>	2003	Children
Styron, William	<u>Darkness Visible: A Memoir of Madness</u>	1992	Depression
Silverstein, Alvin & Virginia	<u>Depression</u>	1997	Depression
Brioda, Marian	<u>New Hope for People with Depression</u>	2006	Depression
Papolos, Demitri & Janice Papolos	<u>Overcoming Depression</u>	1997	Depression
Solomon, Andrew	<u>The Noonday Demon</u>	2001	Depression
Casey, Nell (editor)	<u>Unholy Ghost</u>	2002	Depression
Phelps, Jim	<u>Why Am I Still Depressed?</u>	2006	Depression
Olson, Bob	<u>Win the Battle : 3 Step Lifesaving Formula to Conquer Depression and Bipolar</u>	1999	Depression
Slater, Lauren	<u>Prozac Diary</u>	1999	Depression
Sheffield, Anne	<u>Sorrow's Web:Overcoming the Legacy of Maternal Depression</u>	2000	Depression
Sheffield, Anne	<u>How You Can Survive When They're Depressed</u>	1998	Depression
Nicholson, Joanne	<u>Parenting Well When You Are Depressed</u>	2001	Depression
Wexler, David	<u>Is He Depressed or What?: What to Do When the Man You Love is Irritable, Moody, and Withdrawn</u>	2005	Depression
Rutledge, R.	<u>The Everything Parent's Guide to Children with Depression</u>	2007	Depression

NAMI SLOCO LIBRARY

Author	Title	Date	Subject
Koplewicz, Harold (editor)	<u>More Than Moody: Recognizing and Treating Adolescent Depression</u>	2002	Depression
Evans, Dwight	<u>If Your Adolescent Has Depression or Bipolar Disorder</u>	2005	Depression
Evans, Dwight	<u>If Your Adolescent Has Depression or Bipolar Disorder</u>	2005	Depression
Hirschfeld, Robert	<u>When the Blues Won't Go Away</u>	1991	Depression
Morton, David	<u>Nolo's Guide to Social Security Disability: Getting and Keeping Your Benefits</u>	2004	Disability
Neugeboren, Jay	<u>Transforming Madness: New Lives for People Living with Mental Illness</u>	1999	Disability
Nagler, Mark	<u>What's Stopping You? Living Successfully with Disability</u>	1999	Disability
West, Cameron	<u>First Person Plural: My Life as a Multiple</u>	1997	Dissociative Identity Disorder
Bridgers, Jay	<u>Everything You Need to Know About Having an Addictive Personality</u>	1998	Drug Addiction
Watkins, Ted	<u>Dual Diagnosis</u>	2001	Dual Disorders-
Daley, Dennis & Howard B. Moss	<u>Dual Disorders</u>	2002	Dual Disorders-Chemical Dependency
Costin, Carolyn	<u>The Eating Disorder Sourcebook</u>	1999	Eating Disorder
Claude-Pierre, Peggy	<u>The Secret Language of Eating Disorders</u>	1999	Eating Disorder
Siegel, Michele, Judith Brisman & Margot Weinshel	<u>Surviving an Eating Disorder: Strategies for Family and Friends</u>	1997	Eating Disorder
Natenshon, Abigail	<u>When Your Child Has an Eating Disorder</u>	1999	Eating Disorder
Simon, Lizzie	<u>Detour: My Bipolar Road Trip in 4-D</u>	2003	Family
Cleese, Alyce & Brian Bates	<u>How to Manage Your Mother</u>	2000	Family
Sheffield, Anne	<u>How You Can Survive When They're Depressed</u>	1998	Family
Wexler, David	<u>Is He Depressed or What?: What to Do When the Man You Love is Irritable, Moody, and Withdrawn</u>	2005	Family
Nicholson, Joanne	<u>Parenting Well When You Are Depressed</u>	2001	Family
Klein, Stanley & John Kemp	<u>Reflections from a Different Journey: What Adults with Disabilities Wish All Parents Knew</u>	2004	Family
Walsh, Maryellen	<u>Schizophrenia: Straight Talk for Families and Friends</u>	1985	Family
Sheffield, Anne	<u>Sorrow's Web:Overcoming the Legacy of Maternal Depression</u>	2000	Family
Siegel, Michele, Judith Brisman & Margot Weinshel	<u>Surviving an Eating Disorder: Strategies for Family and Friends</u>	1997	Family
McGonigle, Chris	<u>Surviving Your Spouse's Chronic Illness</u>	1999	Family
Stillman, William	<u>The Everything Parent's Guide to Children with Bipolar Disorder</u>	2005	Family
Lachenmeyer, Nathaniel	<u>The Outsider: A Journey into My Father's Struggle with Madness</u>	2000	Family

NAMI SLOCO LIBRARY

Author	Title	Date	Subject
Secunda, Victoria	<u>When Madness Comes Home: Help and Hope for the Families of the Mentally Ill</u>	1997	Family
Woolis, Rebecca	<u>When Someone You Love Has a Mental Illness</u>	1992	Family
Campbell, Bebe M.	<u>Sometimes My Mommy Gets Angry</u>	2003	Family
Gravitz, Herbert	<u>Mental Illness and the Family: Unlocking the Doors to Triumph</u>	2006	Family
Earley, Pete	<u>Crazy: A Father's Search Through America's Mental Health Madness</u>	2006	Family
Brasfield, Lynette	<u>Nature Lessons</u>	2003	Family
Govig, Stewart	<u>Souls Are Made of Endurance: Surviving Mental Illness in the Family</u>	1994	Family
Hartmann, Thom	<u>The Edison Gene: ADHD and the Gift of the Hunter Child</u>	2003	Genetics
Torrey, E. Fuller	<u>Nowhere to Go: The Tragic Odyssey of the Homeless Mentally Ill</u>	1988	Housing
Seager, Stephen	<u>Street Crazy: The Tragedy of the Homeless Mentally Ill</u>	1998	Housing
Earley, Pete	<u>Crazy: A Father's Search Through America's Mental Health Madness</u>	2006	Law Enforcement
	<u>Medicare &amp; You 2006</u>	2006	Medicare
	<u>Your Guide to Medicare Prescription Drug Coverage</u>	2005	Medicare
Intelligent Press	<u>8 Sure Ways to Save 30%-70% on Prescription Drugs</u>	2003	Medication
Weiden, Peter J.	<u>Breakthroughs in Antipsychotic Medications</u>	1999	Medication
Slater, Lauren	<u>Prozac Diary</u>	1999	Medication
Luhrmann, T. M.	<u>Of Two Minds: The Growing Disorder in American Psychiatry</u>	2000	Medication
Tasman, Allen, Michelle Riba & Kenneth Silk	<u>The Doctor-Patient Relationship In Pharmacotherapy</u>	2000	Medication
Hicks, James W.	<u>50 Signs of Mental Illness</u>	2006	Mental Illness
Nasar, Sylvia	<u>A Beautiful Mind</u>	1998	Mental Illness
Nesch, Sonya	<u>Advocating for Someone with a Mental Illness</u>	2004	Mental Illness
Pinsky, Drew	<u>Cracked: Putting Broken Lives Together Again</u>	2003	Mental Illness
Morrison, James	<u>DSM-IV Made Easy</u>	2006	Mental Illness
Carter, Rosalynn	<u>Helping Someone with Mental Illness</u>	1998 1999	Mental Illness
Torrey, E. Fuller	<u>Out of the Shadows: Confronting America's Mental Illness Crisis</u>	1997	Mental Illness
Hahn, Rhoda , Christopher Reist, & Lawrence Albers	<u>Psychiatry</u>	2002	Mental Illness
Ratey, John	<u>Shadow Syndromes</u>	1997	Mental Illness
Morey, Bodie & Kim Mueser	<u>The Family Intervention Guide to Mental Illness</u>	2007	Mental Illness
Grohol, John M.	<u>The Insider's Guide to Mental Health Resources Online - 2000/2001 Edition</u>	2000	Mental Illness
Sacks, Oliver	<u>The Man Who Mistook His Wife for a Hat and Other Clinical Tales</u>	2006	Mental Illness

NAMI SLOCO LIBRARY

Author	Title	Date	Subject
Allness, Deborah J. & William H. Knoedler	<u>The PACT Model of Community-Based Treatment for Persons with Severe and Persistent Mental Illnesses</u>	1998	Mental Illness
Frances, Allen & Michael First	<u>Your Mental Health: A Layman's Guide to the Pyschiatrist's Bible</u>	1999	Mental Illness
Watkins, Ted	<u>Dual Diagnosis</u>	2001	Mental Illness
Daley, Dennis & Howard B. Moss	<u>Dual Disorders</u>	2002	Mental Illness
Woolis, Rebecca	<u>When Someone You Love Has a Mental Illness</u>	1992	Mental Illness
Amador, Xavier	<u>I Am Not Sick; I Don't Need Help</u>	2007	Mental Illness
Dendy, Chris Zeigler	<u>Teenagers with ADD: A Parents' Guide</u>	1995	Mental Illness
Andreasen, Nancy C.	<u>The Broken Brain : The Biological Revolution in Psychiatry</u>	1984	Mental Illness
Everett, Barbara	<u>A Fragile Revolution</u>	2000	Mental Illness
Gravitz, Herbert	<u>Mental Illness and the Family: Unlocking the Doors to Triumph</u>	2006	Mental Illness
West, Cameron	<u>First Person Plural: My Life as a Multiple</u>	1997	Multiples
Hatfield, Agnes	<u>AMI Organizational Development Handbook</u>	1996	NAMI
Robbins, Jim	<u>A Symphony in the Brain</u>	2000	Neuroscience
Spitzer, Manfred	<u>The Mind Within the Net</u>	1999	Neuroscience
Restak, Richard	<u>The New Brain: How the Modern Age is Rewiring Your Mind</u>	2003	Neuroscience
Czerner, Thomas	<u>What Makes You Tick? The Brain in Plain English</u>	2001	Neuroscience
Summers, Marc	<u>Everything in Its Place</u>	1999	OCD
Penzel, Fred	<u>Obsessive Compulsive Disorder</u>	2000	OCD
Gravitz, Herbert	<u>Obsessive-Compulsive Disorder: New Help for the Family</u>	2005	OCD
McGrath, P.	<u>OCD Answer Book</u>	2007	OCD
Neziroglu, Fugen	<u>Overcoming Compulsive Hoarding</u>	2004	OCD
March, John	<u>Talking Back to OCD</u>	2007	OCD
Agras, Stewart	<u>Panic: Facing Fears, Phobias and Anxieties</u>	1985	Panic Disorder
Isaac, Rael Jean & Virginia C. Armat	<u>Madness in the Streets: How Psychiatry and the Law Abandoned the Mentally Ill</u>	1990	Politics
Gelbert, Suzanne & David Rinaldo	<u>The State of the State of Behavioral Health in California: Alcohol, Drug, and Mental Health Services and Systems</u>	2000	Politics
Everett, Barbara	<u>A Fragile Revolution</u>	2000	Politics
Schiraldi, Glenn	<u>The Post-Traumatic Stress Disorder Sourcebook</u>	2000	PTSD
Gelbert, Suzanne & David Rinaldo	<u>The State of the State of Behavioral Health in California: Alcohol, Drug, and Mental Health Services and Systems</u>	2000	Providers
Andreasen, Nancy C.	<u>The Broken Brain : The Biological Revolution in Psychiatry</u>	1984	Psychiatry
Luhmann, T. M.	<u>Of Two Minds: The Growing Disorder in American Psychiatry</u>	2000	Psychology
Shanor, Karen	<u>The Emerging Mind</u>	1999	Psychology
Boehnlein, James K. (editor)	<u>Psychiatry and Religion</u>	2000	Religion

NAMI SLOCO LIBRARY

Author	Title	Date	Subject
Govig, Stewart	<u>Souls Are Made of Endurance: Surviving Mental Illness in the Family</u>	1994	Religion
Harris, Tracy	<u>The Music of Madness</u>	2001	Schizoaffective
Jons, Martha	<u>Across the Footbridge</u>	1999	Schizophrenia
Wyden, Peter	<u>Conquering Schizophrenia</u>	1997	Schizophrenia
Nasrallah, Henry	<u>Contemporary Diagnosis and Management of the Patient with Schizophrenia</u>	2002	Schizophrenia
Gray, Art	<u>Debits Toward the Window</u>	2000	Schizophrenia
Miller, Rachel & Susan Mason	<u>Diagnosis Schizophrenia</u>	2006	Schizophrenia
Lamb, Wally	<u>I Know This Much Is True</u>	1999	Schizophrenia
Gur, Raquel	<u>If Your Adolescent Has Schizophrenia</u>	2006	Schizophrenia
Holman, Virginia	<u>Rescuing Patty Hearst</u>	2003	Schizophrenia
Torrey, E. Fuller	<u>Surviving Schizophrenia</u>	2001	Schizophrenia
Mueser, Kim	<u>The Complete Family Guide to Schizophrenia</u>	2006	Schizophrenia
Schiller, Lori	<u>The Quiet Room</u>	1994	Schizophrenia
Walsh, Maryellen	<u>Schizophrenia: Straight Talk for Families and Friends</u>	1985	Schizophrenia
Lachenmeyer, Nathaniel	<u>The Outsider: A Journey into My Father's Struggle with Madness</u>	2000	Schizophrenia
Brasfield, Lynette	<u>Nature Lessons</u>	2003	Schizophrenia
Burke, Ross David	<u>When the Music's Over</u>	1995	Schizophrenia
Govig, Stewart	<u>Souls Are Made of Endurance: Surviving Mental Illness in the Family</u>	1994	Schizophrenia
McGraw, Phillip C.	<u>Self Matters</u>	2001	Self Help
McGraw, Phillip C.	<u>The Self Matters Companion</u>	2002	Self Help
Mayer, Diane Peters	<u>The Everything Health Guide to Controlling Anxiety</u>	2006	Self Help
Corrigan, Patrick	<u>Don't Call Me Nuts: Coping with Stigma</u>	2001	Stigma
Wahl, Otto	<u>Telling is Risky Business</u>	1999	Stigma
Jamison, Kay Redfield	<u>Night Fall Fast: Understanding Suicide</u>	1999	Suicide
Dunne, Edward J. (editor)	<u>Suicide and Its Aftermath</u>	1987	Suicide
Marcus, Eric	<u>Why Suicide</u>	1995	Suicide
Myers, Edward	<u>Teens, Loss, and Grief</u>	2004	Suicide
Burke, Ross David	<u>When the Music's Over</u>	1995	Suicide
Carlson, Jon & Len Sperry	<u>Brief Therapy with Individuals and Couples</u>	2000	Therapy
Shapiro, F.	<u>EMDR: Eye Movement Desensitization and Reprocessing</u>	2004	Therapy
Tasman, Allen, Michelle Riba & Kenneth Silk	<u>The Doctor-Patient Relationship In Pharmacotherapy</u>	2000	Therapy
Roberts, Cokie	<u>We Are Our Mothers' Daughters</u>	1998	Women
Beattie, Melody	<u>Codependent No More</u>	1987	
Gravitz, Herbert	<u>Facing Adversity: Words That Heal</u>	2006	